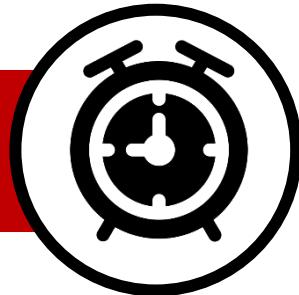


Supporting your child with blended learning



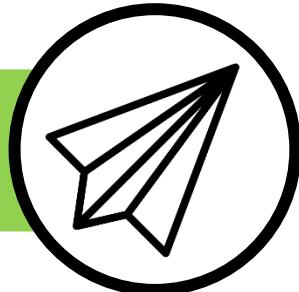
ROUTINES



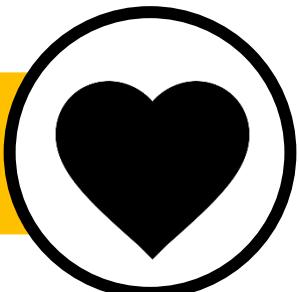
WORKSPACE



COMMUNICATION



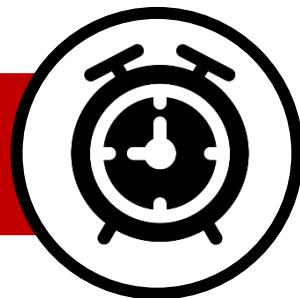
REASSURANCE



Whatever happens, we've got learning covered.

#TimHeolddu 

ROUTINES



- Try and treat everyday like a school day
- Use your timetable to help you organise your day
- Take screen breaks and lunch breaks
- Eat breakfast and lunch and stay hydrated
- Make time to go outside and exercise

WORKSPACE



-  Choose an appropriate place for your child to work
-  Quiet, and free from distractions
-  Equipment: contact the school for support
-  Check in and take an interest in school work
-  Home is not school: create clear boundaries

COMMUNICATION



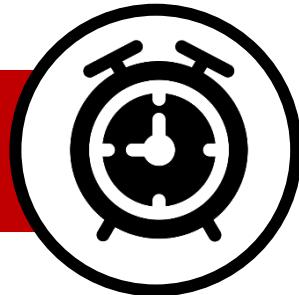
- With your child: discuss their work with them
- With the teachers: ask for help, guidance, support
- With the school: let us know how things are going

REASSURANCE



-  This situation is temporary
-  You can't do it all: it's okay to stressed and frustrated
-  Don't panic about exams
-  Don't panic about your child falling behind
-  We are all in this together

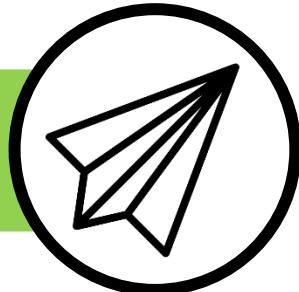
ROUTINES



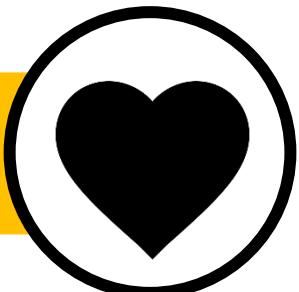
WORKSPACE



COMMUNICATION



REASSURANCE



Whatever happens, we've got learning covered.

#TimHeolddu 